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## NON-TRAUMATIC HYPERTENSIVE CRISIS

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### FIELD ASSESSMENT/TREATMENT INDICATORS

Headache, blurred vision  
Neurological deficit  
Altered level of consciousness  
Chest pain, dyspnea  
Pulmonary edema  
Abrupt elevation of diastolic BP

### CONTRAINDICATION

Nitroglycerin is contraindicated for use in a hypertensive crisis of unknown etiology

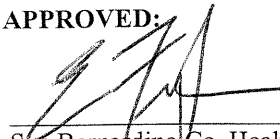
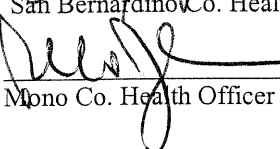
### BLS INTERVENTIONS

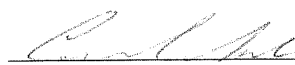
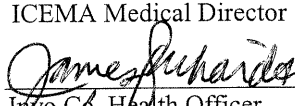
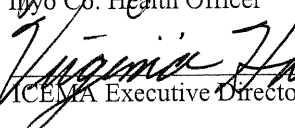
1. Reduce anxiety, allow patient to assume position of comfort and elevate head slightly
2. Administer Oxygen as clinically indicated; prepare to assist respirations if comatose
3. Consider transport to closest hospital or ALS intercept

### ALS INTERVENTIONS

1. Maintain airway with appropriate adjuncts
2. Obtain oxygen saturation on room air if possible, unless detrimental to patient condition.
3. Place on cardiac monitor and obtain rhythm strip for documentation. Copy to receiving hospital
4. Obtain vascular access, saline lock preferred.
5. Contact base hospital

### APPROVED:

  
San Bernardino Co. Health Officer      Date  
  
Mono Co. Health Officer      Date

  
ICEMA Medical Director      Date  
  
Inyo Co. Health Officer      Date  
  
ICEMA Executive Director      Date